

THE MISSING CANCER TREATMENT

**Traditional Cancer Treatment Is 50+ Years Outdated!
Could This Breakthrough Approach Be the Miracle
Solution We've Been Praying For?**



Conquering Cancer PRESENTS
THE MISSING LINK

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The Missing Cancer Treatment



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Transcript

The Missing Cancer Treatment

Nathan Crane:

There's a cancerous toxin that's been hiding behind the scenes.

Most oncologists and family doctors don't acknowledge it...

And only the leading-edge cancer experts have awoken to how deeply it impacts your chances of getting or recovering from cancer.

Hello, I'm Nathan Crane. Host of Conquering Cancer: The Missing Link.

In my upcoming 9-part documentary series we shine a light on this "hidden toxin" and reveal how lasting healing from cancer can be greatly enhanced when we address our negative emotions, stress, and trauma.

You'll get all the details in the series. But for now, enjoy these short previews from just 3 of the incredible experts you'll meet... and I'll see you on the other side.

Nathan Crane:

We are bombarded with fear 24/7 and that's why I want to talk to you about your book today, because your book is titled, "Let Your Fears Make You Fierce". I think it's certainly a poignant message for our time and probably a timeless message, right? I'd love to ask you, what was your personal impetus for writing the book and what's the deeper significance in the title itself for you?

Koya Webb:

That's such a good question. I mean, first of all, like my life that I share and that I post, it used to be all yoga poses and now I try to really post like the ups and downs of life as well because it's not always up. And especially in the last year, year-and-a-half now dealt with a lot of challenges of depression and anxiety and working with therapists and healers just so that I can be the best leader I can be. And with that being said, with most of the community just dealing with cancer themselves or having loved ones that work with cancer, my grandma was diagnosed with breast cancer while she was still alive. And then also my best friend also is a survivor and had stage 4 Non-Hodgkin's Lymphoma. And so having two very close people to me go through a bout with cancer, it just makes me very sensitive and compassionate with this diagnosis because I know that for some people like my grandma, she has transitioned.

My best friend, he's still here and we never know. And it's such an interesting diagnosis where you never know. But when I say "Let Your Fears Make You Fierce", it means looking at your fears as an opportunity to grow and thrive. And how can you take your fear and turn it into love?

And I know sometimes when you're in it, like when you're in the grief or you're in the pain, you might think like, yeah, I don't have any positive thought in my body right now. And I say, that's the starting point. The point where you feel of fear, you feel anger, you feel grief, you feel pain. All of those are signals to where we need to grow or heal. And the body, you need to heal it. And sometimes emotionally we might need to grow or we have a lesson to learn, so when it says, let your fears make you fierce is like, how can you turn that fear state into a love state?

And that love state is what I consider fierce. It doesn't mean perfect. It doesn't mean you got it all figured out. It means simply that you're doing the best you can. And so when I start working with my friend I remember I found out and I came right away and I was like, "Okay, let's process how you feel." And I think sometimes people just want to be happy, but don't understand how important it is to look at, well, do you have any resentment in your life? What is your stress like in your life? My first thing I like to do is just acknowledge the pain, acknowledge the grief.

Nathan Crane:

Yeah.

Koya Webb:

Acknowledge it's a shock, acknowledge just all the emotions and feelings that surround a diagnosis like that and acknowledge the fear. Whether you are working with that diagnosis or not. Like I have a lot of fear that comes up in my life and personally, and I have to start by acknowledging it. And then from acknowledging it, you can go on to processing it. And then following the five steps that I'm going to share to live an optimal, healthy life, no matter how long you're here. Because we all eventually transition, the goal is to live the best life while you're here. And even when you have a diagnosis, I think a lot of times people assume, oh well, that person got that diagnosis, so they assume what a person should do. And really none of us know. It's really up to that person.

I like to turn the question to that person. What would you like to do now that you have this opportunity to grow, to heal, to take this thing, this fear, and turn it into a vibration of love? And so after you acknowledge it, part of processing it is asking yourself now what? Now what am I going to do? When the pandemic hits, now what? I mean, I can stay in my house. I cannot operate with people, but I want to, so what do I need to do? How do I need to operate, that's in alignment with me to be well? And I feel that really starts with diving into yourself, taking time for prayer and meditation and really asking yourself, what do I need right now? **[Clip end]**

Nathan Crane:

So I want to go a little bit deeper if you would, maybe share some strategies and solutions. When you work with people, when you're working with clients and people have these traumas that they're still holding onto, knowingly or unknowingly. I mean what are ways that people can recognize? Because we know traumas lead to disease. We know stress that we hold onto and anxiety and fear and past traumas do cause a suppression of the immune system and do lead to chronic diseases in the body. So how do you really get deep to really work with people, helping them heal from these traumas?

Dr. Lin Morel:

That's a big question. The first thing I would say is that none of us are exactly the same. [phone rings] Oh dear. That's an emergency, I thought I turned that off. So what I would say is that life brings interruptions such as that, and when we're trying to get quiet, the distractions come in and we go, "Gasp" like what I just did. It's a natural response. You have a diagnosis, you need to have XYZ, "Gasp", and we hold our breath. And in that surprise, if we can allow ourself compassion. Like, "I don't know what to do. They want me to..." And your brain is going a million miles an hour. But as you allow yourself to be present with whatever's present, you're going to find that incredible things begin to happen, like the dog situation.

When my second husband passed away in a plane crash, this dog, this puppy had been hit by a car and the road crew found it, brought it to my house. And when I would be working too hard to keep the stuff away, that dog put his nose on my lap and he gave me these big brown eyes like, "Hey, let's take a walk." And those little serendipities, those little reminders that we're not alone. The most incredible thing when we're diagnosed, we feel all of a sudden like we're alone. Nobody can do this journey but us, which is true.

And yet again, the hero's or heroine's journey is to start where you're at. So if you're angry, you could, for example, and this is basically algorithms, and you'll find out for yourself if it works, you just ask for the highest good and you can say something, "I release anger number one. I release anger number two. I release anger number three." And then you keep counting, and if you hit the anger that's locked in your unconscious, you don't even have to know what it is, which is the beauty of this, you'll find that it gets really heavy or you yawn or you forget that 15 comes after 14. You just keep counting and you get to 100.

I've counted to 1,000 with some things, and you'll find that you feel lighter and lighter and lighter. And when you're done, you just go, "Ugh. I just released that." And this represents your conscious mind, unconscious mind, and you're giving it up to Spirit, God, healing, whatever it is. We don't have to know. Or I forgive myself for behaving as if nice people don't get angry. For example, if there's a lot of stored anger. And you can... Like you're a chef, you're creating your own recipe for how you will feel better, and it's visceral and you'll feel better or you won't feel better. It's quite remarkable.

And so I've done this for 40 years. Sometimes you don't even need to address the trauma. You can say, "Okay, now I know something happened in my childhood. Like today I talked to somebody, and I said, "So what happened when you were between three and four years old?" And it was a stop and an immediate blurt, what happened. And there was a sibling and another sibling back to back and this kid felt abandoned. So grew up thinking that Mom didn't care about them because she was discarded because the new baby came and then a second baby came.

Now that as an adult seems like no big deal, it's part of growing up. Each person has a certain... How can I say it, pathway, that will bring us to freedom, and the thing that's the hardest for us to accept is the thing that brings us the freedom. **[Clip end]**

Nathan Crane:

And I know for everybody who I've ever talked to who have even reversed stage four cancers with a holistic approach that the emotional healing component was... They come back to it again and again and say that was actually number one. "The number one thing that I feel contributed to my healing, but not just my healing, but my joy, my wellbeing, my purpose on the planet." And those things, when you're happier, you have more joy, you feel like you have a purpose, your parasympathetic nervous system is upregulated, which means your immune system's upregulated, which means you are going to be in a healing state more often. Right?

Anne Crook:

Yeah.

Nathan Crane:

You said you went through a lot of emotional healings work. What were some of your top strategies, protocols, therapies, different things that you've done that have helped you along the way?

Anne Crook:

Yes. I love that you're bringing up this topic. It's so important. I call it the number one toxin in the room is emotional trauma, and it's hard to escape life without some form of emotional trauma that we go through. So for me, I realized that talk therapy was not going to serve me as much as just going right back to the limbic brain where we hold those emotions, the amygdala. I did have some talk therapy and some of it's helpful, but I think it's very easy to just go in circles and just reinforce that identity around what you're struggling with. And so what's really important for my personal journey is the somatic type of therapies that go right into the body and help you uproot that trauma. So I did a lot of EMDR. I did a lot of brainspotting and that was very helpful to do those things. I did a little bit—

Nathan Crane:

What's EMDR?

Anne Crook:

Oh, EMDR, the eye movement desensitization. Let's see. Yeah, I think I said that right. Eye movement desensitization. The R part, I'm not recalling what that means, but it's going back and forth between the two parts of your brain. So you can do that from tapping on different parts of your body, or sometimes they give you a little machine.

Nathan Crane:

Gotcha. Yep.

Anne Crook:

So it's going back and forth. And then the brainspotting, which was very helpful for me, they just take a wand with a red dot and then depending on where your vision is looking at that red dot, it can actually trigger that back part of your brain, the limbic system and pull up trauma. And so that was very somatic for me, very visceral. I would be watching that wand and I'd be just fine. And then all of a sudden I'm just sobbing, and I don't even know what I'm sobbing about, because it's pulling up something that was lodged in my body for many years.

Nathan Crane:

Do you feel like that particular therapy... I've never done either of... The tapping, yes, different versions of that. I know there's so many different names for so many different therapies now that they're combining different ones or creating new ones or taking ones that have been around for a long time and renaming them, repurposing them. So I'm learning about new therapies all the time, and they're all I think to some degree beneficial. Some may have better effects for some people than others, but I think they all potentially can be very beneficial.

But the brainspotting one, when you just have these emotional, I don't want to say outbursts, but release. Did you feel like it was actually helpful that that came up and you were crying, that something was released? Or was it just more of a traumatic memory that you were experiencing?

Anne Crook:

I felt like it was helpful, because I've always been kinesthetic somatic kind of... I grew up as actually a competitive athlete in my younger years, and I've always really approached my body first for healing. I do transcendental meditation actually, TM, but that's been harder for me to adapt into my everyday lifestyle because of growing up as an athlete, I'm very somatic. And so I think what I appreciated about the trauma therapies is that I felt the energy actually moving in my body, and that felt very effective. I've also been trained through this wonderful Institute called the Institute for the Study of Birth, Breath and Death to hold space for grief that gets lodged in the body.



And I think for me on my healing journey, I had a lot of unexpressed grief from childhood that had never... I'd never had a healthy outlet to actually express it. And as women we're conditioned or society teaches us not to show anger. And so sometimes what happens is that turns inward, and then it can show up as chronic symptoms of depression or just not feeling good. And so I think where I've really transformed a lot since the breast cancer is I've gone back and I've really tended to that grief and worked through it. And I just feel amazing now. So something's working. **[Clip end]**

Nathan Crane:

What you've seen is a just a small taste of what you'll experience when you join me for my upcoming documentary series Conquering Cancer: The Missing Link.

Over 9 episodes you'll learn from some of the world's top doctors, researchers, and healthcare practitioners.

You'll also hear from happy and thriving cancer conquerors who've overcome stage 3 and 4 cancer diagnoses and are thriving!

You'll discover the effective day-to-day strategies that prevent cancer and what these experts consider the "Missing Link" in overcoming cancer once and for all.

Once you understand the full picture of what causes cancer and how to treat it at the root cause (even before it starts)... you can confidently take back control of your health!

Whether your main interest is in prevention or healing, then you're absolutely going to want to watch this entire documentary series.

I can't wait for you to join me and my inspiring guests for this lifechanging... and perhaps even lifesaving event.

I'll see you soon.

Conquering Cancer. PRESENTS

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Be sure to join me for all 9 episodes of my upcoming documentary series... Conquering Cancer: The Missing Link for a deep dive into a new paradigm in cancer treatment and prevention that almost no one is talking about.

You'll also learn from the top doctors and diet & nutrition experts about the best anti-cancer diet (Episode 5) and how to eliminate sugar and other hidden toxins from your life (Episode 6).

Plus, you'll hear inspiring stories from cancer conquerors (Episode 9)... get the inside scoop on what's broken in our current medical model (Episode 1)... learn key differences between men's and women's cancers... and so much more!

Once you understand the full picture of what causes cancer and how to treat it at the root cause (even before it starts)... you can confidently take back control of your health.

I can't wait for you to join me and my expert guests for this life-changing (and perhaps even life-saving) event!

Nathan

P.S. Feel free to share this event with anyone in your life who wants to prevent or heal from cancer.

Nathan Crane



Nathan Crane is a natural health researcher and holistic cancer coach. He is an award-winning author, inspirational speaker, Amazon #1 bestselling and 20x award-winning documentary filmmaker.

Nathan is the Director of the Health and Healing Club, President of the Holistic Leadership Council, Producer of the Conquering Cancer Summit, Host of the Conquering Cancer Documentary Series, and Director and Producer of the award-winning documentary film, *Cancer; The Integrative Perspective*.

Nathan discovered powerful holistic solutions to overcome years of trauma, homelessness, depression, and suicide attempts to find a life of meaning, purpose, health, and fulfillment.

He has received numerous awards including the Accolade 2020 Outstanding Achievement Humanitarian Award, and the Outstanding Community Service Award from the California Senate for his work in education and empowerment with natural and integrative methods for healing cancer.

With more than 15 years in the health and wellness field as a researcher and advocate, Nathan has reached millions of people around the world with his inspiring messages of hope and healing.

His website is NathanCrane.com