THE CANCER GENE MYTH

Here's Why Cancer-Causing Genes Could Be a Myth, and How This Prevention Breakthrough Could Turn Your Body into an Anti-Cancer Fortress

Conquering Cancer PRESENTS

THE MISSING LINK

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In This Video Book:

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Transcript
The Cancer Gene Myth

Nathan Crane:
Have you had a parent, grandparent, or sibling diagnosed with cancer?

If so, you might be terrified that you inherited the same “cancer-causing genes” or that cancer “runs in your family.”

Hello, I’m Nathan Crane. Host of Conquering Cancer: The Missing Link.

In my upcoming 9-part documentary series you’ll discover how those cancer-causing genes can actually be turned off by your actions, so you DON’T have to live in fear.

Enjoy these short previews from just 3 of the incredible doctors you’ll meet in the docuseries and I’ll see you on the other side.

Dr. Bruce Lipton:
By 1953, that's when the DNA double helix came into our world. And it fit the story at the time that DNA was controlling us. And that's when we got into the belief that genes control the character of our lives. And this is a story that's been propagated. And I said, "Well, what is the deep meaning of that?" Because I was teaching that. 50 years ago, I was teaching medical students something called genetic determinism.

I said, "What is that?" Well, that was a scientific belief that genes determine the character of our lives. That genes turn on and off and, in the process, create our biology and our behavior. And I go, "Well, that was a really cool idea except for the fact it turns out, well, that's not really true." And I said, "But what is the meaning of it when we teach it?" Well, the meaning is this. As far as you know, you didn't pick the genes you came with, if you don't like the characteristics, you can't change the genes. And then add on top of that, that we're told that genes turn on and off by themselves. And I go, "Well then in that case, then my life is not under my control, it's under the control of my genes." And I go, "Well, then that makes you a victim," and this is what people walk away with. "Oh, I have cancer. I have diabetes. I have a heart condition." Oh, it's running in the family and the genes are manifesting this.

So, everyone walks away as a victim of heredity. Yeah. Cancer, especially. "The cancer gene is in my family. I could get the cancer. I'll walk down the street and one afternoon the gene will just say, 'Ah, turn on.' And then I end up with cancer. And it's like I'm a victim." Well, that's the conventional belief system. But a number of years ago, I had a unique opportunity to see

another insight into the nature of genetics. And that insight is today the new science called epigenetics. And people go, "Epigenetics, genetics. It all sounds the same to me."

And I go, "No, here's what the difference is." As I mentioned, let's say cancer is under genetic control. And what that really is interpreted to meaning is there's a cancer gene that turns on and gives you cancer. Okay? And I say, "What does that have to do with you?" And I said, "You're just a carrier of the gene and cancer is in your life right there." So again, I'm a victim of, "Ah, there's breast cancer gene running in my family." Okay. And I go, "Well, that would be very interesting if it was true, but the fact is it's not true at all."

And I say, "Well, what does that say?" Because the idea that genes turn on and off by themselves is a complete fabrication. It's not true at all. A gene is a blueprint to make the proteins, which are the physical body parts when you assemble them, okay? It's like one of those kits where you can assemble pieces and make stuff.

And I go, "We have a hundred thousand different genes and all the different cells in our body are combinations of these genes, a muscle cell, a bone cell, a skin cell, they're all based on the proteins that the genes are blueprints for to make those cells." I go, "So what?" I go, "A gene is a blueprint to make the proteins." I go, "Yeah. Yeah." And I go, "Go into an architect's office and she's working on a blueprint. And just for fun say, 'Is your blueprint on or off?'" She'll look at you, "What are you talking about? It's a blueprint. There's no on and off. It's a blueprint." I go, "Precisely."

A gene is a blueprint. It cannot turn itself on and off. The whole belief that genes have the ability to self-actualize, meaning they can control their behavior, they can control when they go on and off and all that. And I go, "100% false. Genes are blueprints."

There are oncogenes, genes that cause cancer. I go, "There is no gene," this is a fact. There's no gene that causes cancer. There are genes that are correlated with cancer. I say, "What's the difference?" I say, "Causation means the actor agency which activates something, causes. Correlated means something is associated with it."

I say, "Oncogenes do not cause cancer, they're associated with cancer." And I go, "So why is it real?" And I say, "Well, look at the people, especially the women, of course, in this case of the BRCA breast cancer gene. They find they have the gene and the first thing is like, 'Oh my God, I could get the cancer. I got the gene.'" And I go, "Does the gene cause cancer?" I go, "Well, 50% of the women that have the BRCA gene do not get the cancer." I say, "So, why is it relevant?" I say, "Having the gene does not cause cancer."

Nathan Crane:
Right.

Dr. Bruce Lipton:
"Having the gene is correlated with cancer." I say, "So, what's the correlation?" I say, "A disharmony in the system is what provokes the disease." As a matter of fact, we always talk about genes cause all the diseases here. Scientific fact, less than 1% of disease is connected to genes. Less than 1%. **[Clip end]**

Dr. Michael Klaper:
Well, you throw seeds on the ground and depending how well the soil has been prepared is going to determine how well it sprouts. And if you're trying to grow a cancer, you couldn't do better than to take the human body and meal after meal, week after week, month after month flood it with molecules that make cell membranes unstable, that disrupt gene stability, that increase hormones, that fan cancer growth if it's going to start. But that's exactly what most Americans and everyone eating the Western diet, the Canadians, the Australians, the New Zealanders, Kiwis, the Brits, everybody who's eating this diet.

They flood their tissues with the burgers and the milk shakes and the animal-based products, and within minutes of eating anything, molecules of that food are flowing through every cell in your body where your DNA lies unfolded, and the food molecules wash through your cells, and they play your DNA like a piano, and they turn genes on. They turn gene off. They induce enzymes, they shut enzymes down.

Every meal changes us on a genetic molecular level, and it's becoming very clear that you can turn on genes in the DNA sequence that are called oncogenes that promote rampant cell division. A little bit of cell division is essential, but when it goes completely rogue and unregulated, then you step into the world of cancer growth. And our Western diet seems to be tailor made for this. And we can go into the specific molecules and the specific foods, but overall, we're plant-eating hominids, no matter how you look at it. We've got fingers on our hands, not claws. We've got long intestines for digesting fiber, and we've got saliva in our mouth with starch-digesting enzymes, if that's not a clue. And we've got small mouths with rotary jaw joints and flat grinding teeth for eating roots and apples.

We're clearly plant-based hominids. We've got the same digestive system, essentially that our gorilla and bonobo cousins have. And they grow into these wonderful, healthy, muscular bodies, eating leaves and fruits, et cetera. And that's basically the diet we should have, but if you're eating meat and dairy and oils and sugars, and processed foods constantly, well then you're putting out the welcome mat for malignant growth in some tissues. Whether it's the bone marrow or the epithelial, we can talk about it, but we turn ourselves into cancer-welcoming organisms. And it's not a surprise that the rate of cancers are going up pretty much across the board. **[Clip end]**

Dr. Dean Ornish:
Fear is not really a sustainable motivator. If you tell somebody you're going to prevent something really bad, like a heart attack from happening years down the road, maybe for a month after they've had a heart attack, they'll do pretty much anything. But even then they stop. But if you say, "Your chest pain goes away. You look better, you feel better." These are things that really make a difference in people's lives and what they gain today or in a few weeks is more than what they give up. That's ultimately what makes it sustainable. And then we found that these same lifestyle changes could often reverse the progression of type-2 diabetes, high cholesterol, hypertension, obesity.

And when people get put on these drugs to lower their cholesterol, their blood pressure, their blood sugar, and they say, "Doctor, how long do I have to take these?" What does the doctor usually say? Forever. It's like, how long do I have to keep mopping up the flow around the sink that's overflowing? Forever. Well, why don't we turn off the faucet or treat the cause? And to a much larger degree than I had once appreciated, the faucet or the cause are really these lifestyle choices that we make each day. And under a doctor's supervision, many people have found that they can reduce or often get off of these medications they were told they'd have to take the rest of their life. Don't make any changes on your own, that can be dangerous. But under your doctor's care, many people find that they don't need them as much.

We then found that these same lifestyle changes... We did the first randomized controlled trial and collaboration with Peter Carroll, who was chair of urology at UCSF, and Bill Fair when he was chair of urology at Memorial Sloan Kettering Cancer Center, that these same lifestyle changes could slow, stop, and even reverse the progression of men who had early-stage prostate cancer. What's true for prostate cancer will likely be true for early-stage breast cancer as well. And there's a lot of evidence that colon cancer and other forms of cancer may be related at least to some degree to the lifestyle choices that we make each day.

We did a study with Craig Venter, who was the first to decode the human genome, which we published in the "Proceedings of the National Academy of Sciences". He was the communicating editor. Finding that in just three months after people made these lifestyle changes, over 500 genes were changed. And in fact, turning on the genes that keep us healthy, turning off or down regulating the genes that cause us to get sick. Particularly the genes that we talked about earlier that are part of this unifying theory, the genes that control chronic inflammation and oxidative stress and changes in chronic overstimulation of the synthetic nervous system, changes in immune function, and so on. Now, particularly—

Nathan Crane:
I think that's an important point right there, because people often think, well, cancer just happens. It comes out of nowhere. Often, somebody's diagnosed with cancer, their oncologist said, "Well, I don't really know what caused it, but we need it treated now." Sort of thing. We do

know that cancer.gov, they state that 5-7% of cancer is hereditary, meaning about 95% plus of cancer is not hereditary based. But even so, with the incredible science of epigenetics and nutrigenomics, which are both of what you're referencing to, show that these changes that you're talking about and that you teach can alter even our hereditary component and can downregulate genes that are more associated with cancer and all cause mortality and upregulate genes that are associated with longevity and health and healing and vitality.

Dr. Dean Ornish:
Well, that's what we found. We found over 500 genes were changed in just three months. So often when people don't know, people say, "Oh, I've just got bad genes. There's nothing I can do about it." I've been working with President Clinton for many years. When he had his bypass clogged up 14 years ago, one of his cardiologists held a press conference on CNN saying, "Oh, it was all in his genes. His lifestyle had nothing to do with it." And I knew it had everything to do with it. And I sent him an email and saying, "Look, the friends I value the most are the ones who tell me what I need to hear. And you need to know that it's not all in your genes. And I say that not to blame you, but to empower you that even if you're genetically predisposed to heart disease, for example, it just means you need to make bigger changes to stop or reverse its progression."

And so he began making these changes. He's now been doing it for 14 years. He's talked publicly about how he's getting better. And I think that, again, whatever your politics, when someone who's as high profile as a former president makes these changes, I think it sets a great example for everyone. But in the study that we published with Craig Venter, we found that we particularly downregulated what we call the RAS oncogenes that promote prostate, breast, and colon cancer just turned off. Their methylation or switches that can turn these genes off and on. Sirtuins and other things that are directly influenced by our diet and lifestyle can either upregulate or downregulate these genes. We also found...

And again, not to blame people, but to empower them, because if it's all in your genes, what can you do? But if it's something you can do something about them then that can really empower not to blame, but to empower people. To make different changes and hopefully to motivate them to do that. **[Clip end]**

Nathan Crane:
What you've seen is a just a small taste of what you'll experience when you join me for my upcoming documentary series Conquering Cancer: The Missing Link.

Over 9 episodes you'll learn from some of the world's top doctors, researchers, and healthcare practitioners.

You'll also hear from happy and thriving cancer conquerors who've overcome stage 3 and 4 cancer diagnoses and are thriving!

You'll discover the effective day-to-day strategies that prevent cancer and what these experts consider the "Missing Link" in overcoming cancer once and for all.

Once you understand the full picture of what causes cancer and how to treat it at the root cause (even before it starts)... you can confidently take back control of your health!

Whether your main interest is in prevention or healing, then you're absolutely going to want to watch this entire documentary series.

I can't wait for you to join me and my inspiring guests for this lifechanging… and perhaps even lifesaving event.

I'll see you soon.

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Be sure to join me for all 9 episodes of my upcoming documentary series... Conquering Cancer: The Missing Link for a deep dive into a new paradigm in cancer treatment and prevention that almost no one is talking about.

You'll also learn from the top doctors and diet & nutrition experts about the best anti-cancer diet (Episode 5) and how to eliminate sugar and other hidden toxins from your life (Episode 6).

Plus, you'll hear inspiring stories from cancer conquerors (Episode 9)... get the inside scoop on what's broken in our current medical model (Episode 1)... learn key differences between men's and women's cancers... and so much more!

Once you understand the full picture of what causes cancer and how to treat it at the root cause (even before it starts)... you can confidently take back control of your health.

I can't wait for you to join me and my expert guests for this life-changing (and perhaps even life-saving) event!

Nathan

P.S. Feel free to share this event with anyone in your life who wants to prevent or heal from cancer.

Nathan Crane

Nathan Crane is a natural health researcher and holistic cancer coach. He is an award-winning author, inspirational speaker, Amazon #1 bestselling and 20x award-winning documentary filmmaker.

Nathan is the Director of the Health and Healing Club, President of the Holistic Leadership Council, Producer of the Conquering Cancer Summit, Host of the Conquering Cancer Documentary Series, and Director and Producer of the award-winning documentary film, *Cancer; The Integrative Perspective*.

Nathan discovered powerful holistic solutions to overcome years of trauma, homelessness, depression, and suicide attempts to find a life of meaning, purpose, health, and fulfillment.

He has received numerous awards including the Accolade 2020 Outstanding Achievement Humanitarian Award, and the Outstanding Community Service Award from the California Senate for his work in education and empowerment with natural and integrative methods for healing cancer.

With more than 15 years in the health and wellness field as a researcher and advocate, Nathan has reached millions of people around the world with his inspiring messages of hope and healing.

His website is NathanCrane.com